## How will you use your 20 hours?

Use this chart to figure out how you want to use your 20 hours.

Priorities	Can be delegated	Current hours per week	ldeal hours per week	Specific action items	Benefit
Example: Exercise	Yes No	2	6	Find workout buddy	Feel better. More energy.
Exercise					
Spirituality					
Family relationships					
Having fun					
Career advancement					
Serving others					
Investment Management					
Lawn care					